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Domestic & Physical Abuse

The unusual and difficult circumstances that we find ourselves in due to Covid-19 means that some people are at greater risk of isolation and forms of abuse such as neglect or domestic violence. With social distancing keeping us apart, it's more important than ever to look out for each other, to report anything that doesn't feel right, and to speak up if we need support.

The below organisations can help you deal with domestic and physical abuse.

Reporting concerns in Calderdale

If you have concerns about a child, call 01422 393336.

If you have concerns about an adult, call 01422 393000 or email gatewaytocare@calderdale.gov.uk

To report concerns about children or adults outside of normal working hours, call the Emergency Duty Team on 01422 288000.

In an emergency: if you or others are in immediate danger, call 999. If you are in danger and cannot talk on the phone, dial 999 and then press 55. This will transfer your call to the team who will help without you having to speak.

West Yorkshire Police

Email: calderdalesafeguardingunit@westyorkshire.pnn.police.uk

Domestic Abuse Safeguarding Unit: 01422 337199

Adult safeguarding Unit: 01422 337013

Calderdale Council Domestic Violence Support Team

Local advice and support for domestic violence or abuse: [Information and local services](#)

Calderdale Staying Safe (WomenCentre)

Have you or a family member been affected by domestic abuse? Do you need some support or someone to talk to about the abuse? Are you struggling to cope with the effects of family violence? Languages other than English? We have a skilled, experienced and diverse staff team who speak other languages. If you would like to talk to someone in confidence, having been affected by domestic abuse or family abuse please ring 01422 323339. If we do not have the language skills required we will make every effort to find the language support through interpreters. [Online: how we can support you](#)



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Accessible Domestic Violence Resources

British Sign Language: <https://www.youtube.com/watch?v=urTSpPIPoe4>

Easy to read guide to domestic abuse: [EasyRead leaflet](#)

UK Government

Government guidance on domestic abuse: [Coronavirus \(COVID-19\): support for victims of domestic abuse](#)

Bright Sky

Bright Sky is a free to download mobile app providing support and information for anyone who may be in an abusive relationship or those concerned about someone they know. The app is available to use in Polish, Punjabi and Urdu.

To download the Android app click [here](#).

To download the iPhone app click [here](#).

SafeLives - Ending domestic abuse

A guide for victims and survivors of domestic abuse: [Staying safe during COVID-19](#)

Respect - Men's advice line

Domestic abuse affects men too. Our friendly Men's Advice Line Advisors will believe you, offer you non-judgemental emotional support, practical advice and information. Call: 0808 8010327. Email: info@mensadvice.org.uk Online: Get help

Respect - Help for perpetrators, as well as victims, of abuse

When the world feels unsafe, don't make your home unsafe. Get help to manage your behaviour. Respect calls on perpetrators of domestic abuse to get help to manage and change their behaviour: [Have you been abusive?](#)

Employer's Initiative on Domestic Abuse - help for employees when home is not a safe place

The coronavirus (COVID-19) crisis presents us with a challenging time and we are particularly concerned about those facing domestic abuse who are required to work at home. Work is often their only safe space: [Support for those facing domestic abuse](#)



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Refuge - For women and children. Against domestic violence.

Refuge supports women and children who experience all forms of violence and abuse, including domestic violence, sexual violence, female genital mutilation, forced marriage, so-called 'honour'-based violence, and human trafficking and modern slavery. Online support: [Get help](#) Freephone 24-Hour National Domestic Abuse Helpline: 0808 2000 247

Standing together Against Domestic Violence

At this time, Standing Together Against Domestic Violence recognises the evermore importance of a coordinated community response (CCR) to maximise the safety of those experiencing domestic abuse. We have been working closely with our partners to develop guidance to ensure we continue to provide the highest level of support. [Read our latest Covid-19 guidance and procedures](#)

Women's Aid

A personal safety plan is a way of helping you to protect yourself and your children. It helps you plan in advance for the possibility of future violence and abuse. It also helps you to think about how you can increase your safety either within the relationship, or if you decide to leave. [Making a safety plan](#)

DAHA - Domestic Abuse Housing Alliance

Guidance for housing providers on how to offer safe responses to tenants and service users. Housing providers are uniquely placed to access people in their homes; their response to domestic abuse is therefore even more important during these times. [COVID-19: Advice and resources for housing providers](#)

Surviving Economic Abuse

Domestic abuse takes many forms. Some abusers repeatedly dictate their partner's choices and control their everyday actions, becoming violent or threatening to become violent if their demands are refused. An abuser may restrict how their partner acquires, uses and maintains money and economic resources, such as accommodation, food, clothing and transportation. This behaviour is known as economic abuse. SEA's vision is a world in which women and girls achieve economic equality and can live their lives free of abuse and exploitation. [Resources](#)

Victim Support

If you've been affected by crime, there are a number of ways you can contact us to get support or information. Call our Supportline for free on 0808 16 89 111, 24/7. Online: [Get help](#)



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NSPCC - National Society for the Prevention of Cruelty to Children

Witnessing domestic abuse is child abuse. If you're worried about a child, we have advice to help you keep them safe: [Information and support](#)

Hourglass (Action on Elder Abuse)

The Hourglass confidential helpline provides information and support to anyone concerned about harm, abuse or exploitation of an older person. This might include physical, financial, psychological, sexual or neglect. The Hourglass helpline is entirely confidential, free to call from a landline or mobile, and the number won't appear on your phone bill. Help is just a phone call away. Ring us on: 0808 808 8141. Online: [Information and advice](#)