



Heart



Mind



Connect

## Young Carers

### Calderdale Young Carers Service

The service works with children and young people to try to minimise the impact that their caring role has on them. It is for those aged 8 to 18 years, who live with someone who has an illness or disability; mental health or substance misuse issues.

- Opening times: Mon-Fri, 9-5pm
- Contact details: 01422 261208 or [calderdaleyoungcarers@calderdale.gov.uk](mailto:calderdaleyoungcarers@calderdale.gov.uk)
- Website details: <https://www.calderdale.gov.uk/v2/residents/health-and-social-care/young-people/young-carers/young-carers-service>