



Heart



Mind



Connect

Physical Wellbeing & Exercise

Healthy Futures Calderdale - Coronavirus support

We are a public health partnership for school-aged children and their families, working together to promote good health and wellbeing.

We know this is a worrying time for everyone. Helping children and young people cope with the information and changes related to the Coronavirus can be a huge challenge. From school closures and social distancing to increased awareness of infection and hygiene, there is a lot for children and families to process. We have created a guide that brings together trustworthy information and resources to support you and your family during these difficult times.

Access the guide here: [COVID-19 health and wellbeing resources for families](#)

Calderdale Public Health Early Years' Service (PHEYS)

The Health Visiting Team can provide support to families with children aged 0–5 years with breastfeeding, safe sleeping, infant feeding, emotional wellbeing, toilet training, healthy eating, physical activity, language development, oral health, parenting, school readiness and can also sign post on to other services as needed.

Website details: <https://www.locala.org.uk/your-healthcare/health-visiting>